



23/7/20

Dear Club Members,

I hope this letter finds you well. I am sure you are aware that the Government announced last week that indoor swimming pools could re-open from July 25th. It has been a long time since we were able to swim and we are busy putting plans together so we can safely re-open the club.

Needless to say, there will need to be changes made to how the club operates once we do re-open, as our priority is creating an environment where coaches and swimmers are as safe as possible so they can return to the pool with peace of mind.

We have produced a robust **Risk Assessment** in conjunction with our pool operators, and all risks that were identified have been mitigated to a level where we believe we can safely return to the water. A copy of this risk assessment can be found here:

https://bpsc.club/wp-content/uploads/2020/07/bpsc-risk_assessment_for_qebps-covid19-200720.pdf

We would ask that you carefully read the changes that we are implementing, then please complete the BPSC:

1. **Members' Survey***,
2. **Return to Training Declaration** and
3. **Health Screen[†]**

...all of which can be found at our BPSC CoViD Adaptation page here:

<https://bpsc.club/training/covid-19-adaptation>

* Deadline for completion of the Members' Survey is Friday 31st July, 2020.

[†] Should you need it, there is a *direct* link to the Health Screen here:

tinyurl.com/bpsc-covid-healthscreen

At the moment we are proposing that the squads: Masters, Adults, Seniors, Juniors, Development and Active - return. We are thinking about and exploring how we can safely ensure Learn to Swim can return to the water from September but at the moment, based on current government guidelines, we are only be able to accommodate members who can already swim safely on their own.

CoViD-19 changes:

The club has appointed two CoViD Leads as the first point of contact for issues specifically related to the clubs operation in relation to CoViD-19 restrictions. They can be contacted at covidlead@bpsc.club. The CoViD Leads will be assisted by CoViD Liaison Officers who will be present at each squad session. You will need to check in and confirm fitness to swim with a CoViD Liaison Officer before each swim session you attend.

Training schedule:

Initially water time for each squad will be reduced, to allow for a build up of stamina following a long break from water based training whilst still being able to reduce the amount of rest time in the water. As it stands, we are aiming to open from **Sunday 2nd August** operating our regular Summer training schedule:

Day	Starts	Ends	Development, Juniors & Seniors	Junior Active, Senior Active, Adults & Masters
Sunday:	9.00am	10.00am		√
	10.15am	11.15am	√	
	11.30am	12.30pm	LAND TRAINING 3rd field. Vacate site by 12.45pm	
Tuesday:	6.45pm	7.45pm	√	
	8.00pm	9.00pm		√
Friday:	6.15pm	7.15pm	√	
	7.30pm	8.30pm		√

Cost:

We will not resume our regular charging structure while restrictions are in operation, instead we are charging swimmers per hour they attend. This is in line with previous charging structures that the club has used for single weekly swimmers. The cost per swim session will be £7, payment is to be made via your bank when you book with the date of the session as your payee ref e.g. 'Swim Aug 2'.

Attending a training session:

- Swimmers will need to pre-book their place in their squad session as there will be a maximum of 32 swimmers in each session.
- Coaches will have final say on who attends each session to ensure fairness and will confirm session bookings.
- Each swimmer will need to check-in and confirm they are symptom-free on arrival at their session with the CoViD Liaison Officer.
- Parents must remain close to the pool until it is confirmed that their child is fit to swim for each session they attend.
- A CoViD Liaison Officer will be present at each session and will be responsible for ensuring that each swimmer is safe to enter the water and for monitoring the safety of arrangements during the session.
- No parents are allowed to enter the pool building. The pool operators have informed us that parents are welcome to wait in their cars on site, but should not wander around the school buildings or fields.

Getting in the water:

- Each session will be one hour but not all that time will be spent swimming.
- Swimmers are encouraged to arrive in their kit as there will be only very limited time in the changing room - MAXIMUM 5 MINUTES.
- Swimmers must adhere to the every other peg rule in the changing rooms.
- Swimmers will be asked to enter the water immediately and not to wait on poolside.
- Pool entry for each session will be staggered and the coaches will give swimmers specific instructions that must be followed.
- Swimming will be clockwise in all lanes and may vary between squads.
- Swimmers will need carefully to follow the coaching instructions during sessions, including stopping at their designated stop points and not congregating at the ends of the lanes.
- The coach will notify swimmers as to what equipment they will need for each session.
- Each swimmer will need to bring their own equipment to their session and ensure it is cleaned before and after each use.
- Swimmers must not pull or rest on the lane ropes whilst they are paused in the water.
- There will be no use of the viewing gallery.
- The showers in the changing room will NOT be in use and swimmers must swiftly change and leave the changing rooms at the end of their session - MAXIMUM 5 minutes.

Safe Swimming

If swimmers knowingly and repeatedly act in a way that is unsafe for the coaches or their fellow swimmers they will be asked to leave the session and an individual risk assessment will be conducted by the CoViD Leads as to whether it is safe for the swimmer to continue training with the club whilst restrictions remain in place.

In line with Swim England guidance, we are making these changes in order that there is a consistent approach across our club that is robust, has safety at its core and allows us to restart swimming. Needless to say, the situation is constantly evolving, and so we will regularly review our approach.

Remember to complete our **club survey** so we have an idea of the numbers of swimmers that intend to return in each squad and when; this will allow us to fine-tune our operation to best suit the needs of our members. Once again, the survey is here:

<https://bpsc.club/training/covid-19-adaptation>

BPSC Committee.